

Positive Alternatives 2017-19 Quarterly Update

Grantee: Helping Hand Pregnancy Center, Worthington

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Goal: Support, encourage and assist women in carrying their pregnancies to term and caring for the baby until they're one-year-old.

For the period/quarter: Oct 1 – Dec 31, 2017; Qtr. 6

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, Orientation, Volunteer Coordination, Staff Assessment and all administrative duties.		Administrative time was spent analyzing employee workloads and job descriptions and adjusting.	
Outreach	Multimedia Advertising, Publicity, Community Education, Fairs, Parades, Professional Meetings, Networking activities. All are intended to increase the amount of services provided to at risk clients.		We are happy to resume our regular office hours at the local college and providing Positive Alternatives to abortion to students. We also provide Outreach at all the local public schools because it's an important referral source for at-risk clients.	
Case Management Services	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services. This will include use of the Necessary Services Tool, Adverse	200	Many of our clients are new to the area and have a lot of challenges in their Physical, Mental, Social and Spiritual Health. They appreciate referrals to agencies that can assist.	204

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	<p>Health Concerns Checklist, Networking, and client interviews.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
Interpreter Services	Our bilingual employee will provide Spanish language Services as needed.	34	Our bilingual services are essential for the grant to succeed in Nobles County.	248
Life-Skills Education Program	<p>Increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting and co-parenting. Provide Life Skills Education which may include units such as “Ready for Relationships”, “Discipline with Love and Logic”, “Magic 1-2-3”, money management, conflict resolution, stress management, and overcoming Habits and Hang-ups.</p> <p>Provide car seats, pack n’ plays, other incentives, materials for documenting family life experiences (workbooks, journaling, photos and scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	125	Our Life-Skills Program is often appropriately referred to as our “Building Stable Families Program”. Usually, parents enroll after they are having family problems and relationships are broken, but we’d like to see this education accepted as a preventative measure.	278

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Parenting Education	<p>Special outreach to women 20-24 yrs.</p> <p>Provide full list of education options covering all trimesters; Increase basic knowledge and skills for all enrolled parents of infants in a class series of Birth to 12 months. This includes Nutrition (infant & adult) Safe Sleep, Car Seat Safety and car seat installation/inspection under the direction of a Child Passenger Seat Practitioner or Technician.</p> <p>Provide incentives such as: prenatal vitamins, car seats, pack n' plays, incentives and materials for documenting parenting experiences (journaling, photos, scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	314	We will always offer curriculum that teaches the basics of pregnancy, childbirth, newborn & infant care and we're careful to give accurate, up-to-date information.	387
Pregnancy Education	Provide full list of education options covering all trimesters; offer incentives and a one-month supply non-prescription Prenatal Vitamins for enrolled clients of all ages; special outreach to women 20-24.	152	Clients can learn about Labor and Delivery during their sessions at our Center, or we'll pay the cost of enrolling in the classes of Sanford and/or Avera, wherever they feel most comfortable.	459

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	Provide clients, their child, and their significant other RT Taxi / transportation for attendance. Provide clients, their child, and their significant other RT Taxi / transportation for attendance.			
Provide Necessary Services to all clients	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	44	Most of our clients are adjusting become independent adults that are better prepared to be good parents. There is often dissatisfaction in several aspects of their current living arrangements or basic cares and they usually need referral to one or more Necessary Service Agencies.	85
Provide Necessary Services Assessments Only	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services.	2	Some clients hesitate to register for ongoing appointments in the winter.	9

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	Utilize resource database to provide information and make referrals.			

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	21
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	86
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	86
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	80
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	8
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	79

Challenges:

Comments: We have a strong and dependable staff and client services are going well.